

Analo & To

CHRISTMAS FESTIVE GOODIES

Traditional Christmas Bakery Gingerbread Boy and Girl with Icing Classic Christmas Panettone Christmas Stollen Bread Inhouse Chef Signature Pecan Walnut Tart

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Classic Fruit Cake with Port Wine	90

Contemporary Moulded Christmas ChocolatesRudolf the White Chocolate Reindeer10White Chocolate Merry Xmas Card30Milk Chocolate Christmas Bear30White Chocolate Santa Holding a Gift Bag with a Bear30Gingerbread Man30

Classic Christmas Yule Log Cakes

Christmas Log Matcha Raspberry Crunchy Cake Christmas Log Strawberry Yuzu Mandarin Cake Christmas Log Golden Cheese Caramel Apple Cake Christmas Log Hazelnut Mont Blanc Cake Christmas Log White Chocolate Citrus Cake





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CHRISTMAS FESTIVE GOODIES

Lollipops Reindeer, Penguin and Bear Angel, Santa, Reindeer and Snowman Reindeer, Santa and Gingerbread Man

10 10 10

Vegan, Gluten Free Delights Gingerbread Mini Cookies (8 Pieces) Gingerbread Boy and Girl (2 Pieces) Gingerbread Star (2 Pieces) Christmas Berry Mince Tart Single Origin Chocolate Log Cake **Apple Pecan Pie**





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GARDENFRESH ORGANIC SALADS

Chopped Kale & White Bean Salad with Avocado, Pumpkin \$30 & Sunflower Seeds, Hazelnuts, Maple Dijon Dressing Rich in proteins, the salad is filled with bursting sweet and tangy flavours.

Avocado Iceberg Wedges with Eggplant & Mustard Cream \$30

Dressing, Roasted Almonds A modern twist on the classic Caesar Salad.

Roasted Heirloom Beetroots with Lime Leaf Sauce and\$30Ginger Yogurt Dressing
Organically farmed heirloom beetroots from France with an Asian twist.

\$30

Steamed Asparagus, Fine Green Beans & Turkish Figs served with Warm Sicilian Olive Dressing with Hazelnuts

The sweet and bright green olives from olive trees in the Belice Valley in Western Sicily in the surrounding Castelvetrano.





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GLUTEN-FREE TOASTED SANDWICHES

Energising with Gluten-Free Country Loaf 7 Seeds Pickled Japanese cucumber, sundried tomato, basil & rocket pesto, spanish onion, artisan vegan garlic herb cheese crafted from cashew milk served with crispy kale chips on flat bread.

Satisfying with Gluten-Free Country Loaf Raisins Roasted pumpkin, orange oil and chilli flakes, oregano & parsley pesto, pumpkin seeds, spanish onion, artisan vegan chive cream cheese crafted from cashew milk.

Soulful with Gluten-Free Country Loaf Classic Roasted eggplant, lemon oil, basil & rocket pesto, cashew milk smoked mozzarella with smoked spanish oil and mango chutney.

Refreshing with Gluten-Free Focaccia Garlic & Rosemary Heirloom tomatoes, dukkah, sundried tomato



S25

\$25

S25

pesto, spanish onions, artisan sundried tomato, garlic cheese crafted from cashew milk.



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VEGAN CLASSICS

Classic Hummus with Za'atar & Orange Oil The combination of roasted garlic & spice provides a nutty flavour. Served with gluten-free pita bread.

Chaat Roasted Japanese Sweet Potatoes with

Tamarind & Coriander Chutney

Enriched with a natural creamy coconut yogurt made from 100% organic coconuts creating a richly flavoured Tamarind dressing.

Pad Thai

With rice noodles, roasted tofu, rainbow vegetables, bean sprouts, red chillies and roasted peanuts.

Vegan Burger

Portobello mushroom, charred roasted peppers, Spanish onions and tomato chilli jam on a gluten-free bun. Served with sweet potato fries.



\$35

\$25

S22

\$35



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SUPERFOOD ORGANIC EARTH BOWLS

Pumpkin, Celeriac & Turmeric Curry Bowl (Served Warm)

Blue Pea Rice, roasted squash with celeriac in a nutrient-rich coconut & turmeric broth, topped with sprouted greens and finished with toasted coconut flakes.

Mexican Earth Bowl (Served Warm)

S30

\$30

S30

S30

Red rice, frijoles, butternut squash mash, lightly pickled red & white cabbage, pico de gallo, pickled shallots, chipotle mayo and jalapeño dressing.

Quinoa Earth Bowl (Served Warm)

Goma cream dressing; shredded red cabbage, carrot, radish, edamame, broccolini, avocado and organic whole grain guinoa.

Cauliflower Earth Bowl (Served Warm)

Sriracha lemon oil dressing; crispy kale, pickled Japanese cucumber, avocado, radish, sesame seeds, chilli flakes and organic red and brown rice.





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COLD-PRESSED ORGANIC JUICES \$20 each

Forest

Earthly Delights Red Apple, Beetroot, Lemon, Celery, Carrot, Lucuma, Baobab, Burdock Root

Cucumber, Apple, Pineapple, Kale, Moringa Leaf, Turmeric, Ginger, Amla, Fenugreek

Citrusy Cooler Beetroot, Apple, Carrot, Lemon, Ginger, Turmeric

Brainy Elixir

Beetroot, Mint, Watermelon, Green Apple, Lemon, Ginger, Turmeric, Cayenne Pepper

Immunisation Orange, Lemon, Coconut Water, Lucuma, Baobab, Probiotics, Burdock Root

Red Cleanser

Romaine, Mint, Parsley, Celery, Lemon, Japanese Cucumber, Ginger, Burdock Root

Tropical Red Apple, Mint, Lemon, Watermelon, Chia Seeds, Acai

The Tonic

Celery, Green Apple, Lemor Cucumber, Ginger

Breezy Summer Red Apple, Orange, Lemon, Watermelon, Lucuma, Baobab

Green Electrolytes Grapefruit, Red Apple, Lemon, Coconut Water, Milk Thistle, Ginger



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ORGANIC SMOOTHIES





Ancient Vibes Orange, Mango, Carrot, Ginger, Turmeric

Coco Greenery Coconut Milk, Spinach, Kale, Avocado, Flaxseed

Wide Awake Cocoa, Maca, Cauliflower, Espresso, Almond Butter

Pink Flamingo Red Dragonfruit, Soy Milk,



Honey, Chia Seeds, Spirulina

Tropical Healer Blueberries, Banana, Lemon, Mint, Charred Honey Pineapple, Blue Spirulina



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\$10 Espresso (Single/Double)/\$12

- Long Black \$14 (Hot/lced)

Flat White I Latte I Cappuccino \$14 (Hot/lced)

Milk Options **Organic Whole** Organic Skim Soy I Oat I Almond

TWG TEAS

Chamomile \$12

- Eau Notre \$16
- English Breakfast \$18
- French Earl Grey \$16
 - **Red Jasmine** \$16



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SPECIALTY HOT DRINKS





Hot Chocolate

Cacao, Cacao Butter, Cinnamon, Vanilla & Nutmeg, Whipped Cream & Almond Milk. **Gingerbread Latte**

Maca, Vanilla, Cinnamon, Fresh Ginger & Oat Milk.

Maca Latte Maca, Cinnamon, Nutmeg & Almond Milk.

Chai Latte

Chai Spice & Coconut Milk.

Golden Milk Latte

Turmeric, Cinnamon, Ginger, Nutmeg, Black Pepper, Cardamom, Coconut Milk.





ARTISANAL BREADS



Classic Boule25\$7 Seed Boule15\$

- 7 Seed Loaf 15\$
- Focacia Garlic Rosemary 18\$
 - Nut and Seed Bread Low 21\$
 - Carb 10\$
 - Baguette 19\$
 - Classic Large 15\$
 - Lavash 18\$
 - Raisin Loaf 15\$
- Choc Peanut Butter Loaf 15\$
 - Lemon Pistachio Loaf 15\$
 - Salt Chocolate Loaf 15\$
 - Orange Almond Loaf 15\$

